

Medical History Form

Name: _____

Date: ____/____/____ **Age:** _____ **Smoke (Years):** _____

- | | | | |
|--|---|------------------------------------|---|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Hepatitis | Drug Allergies

_____ |
| <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Open Heart Surgery | <input type="checkbox"/> Pulmonary Embolus | <input type="checkbox"/> Diabetes | |
| <input type="checkbox"/> Superficial Phlebitis | <input type="checkbox"/> Deep Vein Thrombosis | <input type="checkbox"/> Seizures | |

Are you pregnant or nursing? ____Y ____N ____N/A

Family Physician: _____ **Phone number:** (____)____-_____

Surgical History (List all surgeries and approximate year)

List all medications you are currently taking _____

Symptoms:

- | | | | |
|--|---|---|---------------------------------------|
| <input type="checkbox"/> Aching or throbbing | <input type="checkbox"/> Leg pain | <input type="checkbox"/> Red/warm areas | <input type="checkbox"/> Spider veins |
| <input type="checkbox"/> Tired or heavy legs | <input type="checkbox"/> Ankle/leg swelling | <input type="checkbox"/> Itching | <input type="checkbox"/> Night cramps |
| <input type="checkbox"/> Skin changes | <input type="checkbox"/> Ulcers or ulceration | <input type="checkbox"/> Burning pain in legs | <input type="checkbox"/> Hard lumps |
| <input type="checkbox"/> Leg pain | <input type="checkbox"/> Tenderness | <input type="checkbox"/> Varicose veins (bulging) | <input type="checkbox"/> Other _____ |

Personal History of Varicose Veins or Spider Veins:

____ **List number of years**

- Y N Related to Pregnancy?
 Y N Related to Accident/Trauma?
 Y N Are you developing new veins?
 Y N Are your present veins getting bigger?
 Y N Do you smoke?
 Y N Does your discomfort/leg pain interfere with your activities of daily living?

Are your symptoms worse with:

- Y N Prolonged standing?
 Y N Prolonged seating?
 Y N Menstrual cycle?

Are your symptoms relieved with:

- Y N Rest/Elevation of leg(s)?

Family History of Varicose Veins or Spider Veins:

- Mother Father Sister Brother Grandmother Grandfather Uncle Aunt None

Previous Treatment History:

- | | | |
|--------------------------------|-------------------------|-------------|
| Y N Ligation/Stripping Surgery | If so, which leg? _____ | When? _____ |
| Y N Injection Treatments | If so, which leg? _____ | When? _____ |
| Y N Laser Therapy | If so, which leg? _____ | When? _____ |
| Y N Other _____ | | |

Patient Signature _____ **Date:** ____/____/____

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Previous conservative treatment you have tried:

- Y N Do you take pain medications (Advil Tylenol Aspirin) for your leg pain/veins?
- Y N Have you worn compression hose or active support hose for your current problem for 6 months or longer?
When? _____
- Y N Did they help your symptoms (leg pain/swelling)? Totally Partially
- Y N Have you been taking over the counter anti-inflammatory medications for 6 months or longer for leg pain?
- Y N Do you routinely rest and elevate your legs to help relieve leg pain and/or swelling?
- Y N If yes, have you done so for 6 months or longer?
- Y N Has your varicose vein problem caused a physical impairment due to pain, swelling, throbbing, tired feelings, etc.?

What specifically do you feel you can no longer do because of your varicose veins?

Y N Have you discussed your varicose vein problem with your primary care doctor or any other doctor?
If so, what did the doctor recommend that you do?

What have you tried on your own to help alleviate your symptoms, beyond what you have already indicated?

How did you hear about us?

- Friend Magazine Other _____
- Newspaper Doctor
- Internet FRC Office

Patient Signature _____ **Date:** ____ / ____ / ____



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Patient Signature

_____/_____/_____
Date